

Recruiting Runners for "Brace Yourself for PT" Summer Wellness Runs



Pictured left to right are Miranda Austin, Beth Peterson, Baerbel LaFleur, Lisa Skala & Betsy Hutchinson

On May 29, several Howard Orthotics & Prosthetics and Innovative Physical Therapy Solutions staff and family members ran in the Le Race de Chaumont in Chaumont, NY. Besides the fun everyone had, this group, "Brace Yourself for PT," also had notable race results:

IPTS's Pratt-Northam Foundation Summer Intern Miranda Austin finished first for her age group and Baerbel LaFleur, IPTS Physical Therapist Monika Docteur's mother, also finished first in her age group.

The "Brace Yourself for PT" Summer Wellness Team has other events coming up. If you would like to be on the HOP and IPTS "Brace Yourself for PT" Summer Wellness Team, talk to Betsy Hutchinson, Patient Representative and Marketing Manager.

Our Upcoming Wellness Runs Include:

July 30 - Save the River 5k, Clayton, NY (IPTS is a Silver Sponsor of this race)

August 28- The second annual River Rat Triathlon, Clayton NY (IPTS is a Gold Sponsor of this race)

Thanks for Helping Our Soldiers Feel at Home When They are So Far Away...

Howard Orthotics & Prosthetics wants to say a special thanks to the soldiers of our adopted platoon, the A1-196 Task Force Phoenix currently serving in Afghanistan!

This month Howard Orthotics & Prosthetics, Innovative Physical Therapy Solutions, and Blue Mountain Springs teamed up to send a package that included a Keurig coffeemaker for the deployed unit. The husband of IPTS' Lisa Skala, PTA, is a part of this unit.

"I wanted to personally thank you for sending my company the Keurig Coffee Machine and the coffee. Your support and generosity far exceeds anything we could have imagined.....The Keurig has quickly become the new favorite item in the company, and it is receiving ample use. With our varying schedules spanning 24-hour operations, it ensures a fresh cup of coffee at any time...." Nick K. 1 LT, AV.



THIS ISSUE:

SUMMER WELLNESS RUNS

KEURIG DONATION

**BRACE OF THE MONTH:
FUSION OA
UNLOADING BRACE**

June Gas Card Winners:

Martha D.	Billy B.
Billy J.	Elise M.
Prescilla C.	Don T.

Somewhere in this newsletter there is a misspelled word. The first 10 patients to find and call us at 315-786-8973 will WIN a \$10 gas card!

(Please Note: Contest winners must wait 3 months before being eligible to enter again.)

May's Misspelled Word:
"Here"



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Brace of the Month *Fusion OA Unloading Brace*

Howard Orthotics & Prosthetics chose this brace as the "Brace of the Month" for its versatility, strength and durability. And don't forget its good looks!

What Does the Fusion OA Unloading Brace Do?



Offers Maximum protection
Delays knee replacement surgery
Decreases the need for anti-inflammatory medications
Decreases pain symptoms associated with arthritis
Improves joint function

The Breg FUSION OA brace redefines the relationship between the brace and the leg by protecting the knee by working with a user's leg.

The unloading knee brace "unloads" pressure from the knee joint, giving the best chance for pain relief for people with osteoarthritis without medicine. It also offers the most stability for people who are very active.

Who Would Wear This Brace?

Almost anyone with knee joint pain! With its incredibly strong frame and durable material, the Fusion OA Unloading Brace is especially great for high-impact/active users.