## Custom Fit LSO





At a minimum, the following needs to be in <u>Doctor's Progress Note</u> to *establish medical necessity* in order for a patient's health insurance to cover the cost of a custom fit Aspen 627 LSO:

- 1. One of the following indications must be true:
  - a. The orthosis will reduce pain by restricting mobility of the trunk
  - b. The orthosis will facilitate healing following an injury to the spine
  - c. The orthosis will facilitate healing following a surgical procedure
  - d. The orthosis will support weak spinal muscles and/or a deformed spine
- 2. The spinal orthosis will control gross movement of the trunk and intersegmental motion of the vertebrae in one or more planes of motion.
- 3. A custom fit orthosis is necessary in order to provide an intimate fit and immobilize the spine at specific levels.