## Custom Fit TLSO





At a minimum, the following needs to be in **Doctor's Progress Note** to *establish medical necessity* in order for a patient's health insurance to cover the cost of a custom fit Aspen 464 TLSO:

1. One of the following indications must be true:

a. The orthosis will reduce pain by restricting mobility of the trunk

b. The orthosis will facilitate healing following an injury to the spine

c. The orthosis will facilitate healing following a surgical procedure

d. The orthosis will support weak spinal muscles and/or a deformed spine

2. The spinal orthosis will control gross movement of the trunk and intersegmental motion of the vertebrae in one or more planes of motion.

3. A custom fit orthosis is necessary in order to provide an intimate fit and immobilize the spine at specific levels.