


# Double Upright OA Knee Orthosis

 **Howard**  
Orthotics and Prosthetics

Roger R. Howard, CPO  
Director

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Address: \_\_\_\_\_  
Referring Physician: \_\_\_\_\_  
Rx: \_\_\_\_\_

**SAMPLE  
Rx**

**CUSTOM FIT  
LEFT/RIGHT  
DOUBLE UPRIGHT  
OA KO**

ICD-10 Dx: \_\_\_\_\_

Signature: \_\_\_\_\_  
Date: \_\_\_\_\_ NPI: \_\_\_\_\_

DESIGNS FOR YOUR LIFESTYLE

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At a minimum, the following needs to be in **Doctor's Progress Note** to *establish medical necessity* in order for a patient's health insurance to cover the cost of a custom fit double upright OA knee orthosis:

1. Patient is ambulatory.
2. Patient has a need for both medial-lateral and rotational control.
3. Patient has varus/valgus laxity of the knee.
  - A varus/valgus test **must** be performed and documented.
4. Patient will need to be fit with a custom fitted knee orthosis rather than an off-the-shelf knee orthosis secondary to patient's anatomical presentation. In order for the knee orthosis to be effective, there will need to be more than minimal self adjustment of the knee orthosis by a Certified Orthotist.