

## **PROSTHETIC WEARING SCHEDULE**

**GRADUALLY INCREASE WEARING TIME.**

**DO NOT WEAR PROSTHESIS FULL TIME FOR FIRST WEEK.**

<b>Days 1&amp;2</b>	Wear prosthesis for 1 hour in the morning and 1 hour in the afternoon.
<b>Day 3</b>	Wear prosthesis for 1 ½ hours in the morning and 1 ½ hours in the afternoon.
<b>Day 4</b>	Wear prosthesis for 2 hours in the morning and 2 hours in the afternoon.
<b>Day 5</b>	Wear prosthesis for 2 ½ hours in the morning and 2 ½ hours in the afternoon.
<b>Day 6</b>	Wear prosthesis for 3 hours in the morning and 3 hours in the afternoon.
<b>Days 7 &amp; After</b>	Increase wearing time as tolerated.

**IF AT ANY TIME YOU DEVELOP REDNESS OR IRRITATION, DISCONTINUE WEARING THE PROSTHESIS AND CONTACT THE OFFICE FOR AN APPOINTMENT.**

***IF YOU EXPERIENCE A CHANGE IN YOUR PHYSICAL CONDITION OR GENERAL HEALTH, REPORT CHANGES TO YOUR REFERRING PROVIDER AND YOUR HOWARD ORTHOTICS & PROSTHETICS PRACTITIONER IMMEDIATELY.***

**TO REPORT A DEVICE FAILURE OR MALFUNCTION, CONTACT  
HOWARD ORTHOTICS & PROSTHETICS, LLC AT (315) 786-8973.**

**DESIGNS FOR YOUR LIFESTYLE**